

Get Smart!



BY DISCOVERING YOUR INTELLIGENCES...

What does it mean to be “smart”?



- Howard Gardner, a psychologist, believed that there were several ways to be “smart”:
 - ❖ All human beings possess all nine intelligences in varying amounts.
 - ❖ Each person is unique, with their own intelligences.
 - ❖ Each person learns differently, with their own strengths and weaknesses.
 - ❖ These “smarts” can work by themselves or together.

"It's not how smart you are that matters, what really counts is *how* you are smart."

~ Howard Gardner

To Ponder...



- What does “intelligence” mean to you?
- What does it mean to learn something? How can you tell when you have learned something?
- What is the most complex thing you have ever learned? How did you learn it?
- What conditions do you need to be able to learn or think at your best level?



Q1: If you were to take a summer trip with your friends, which of the following tasks would most appeal to you?



- A. Call all your friends to tell them of the group's plan.
- B. Run errands needed to prepare for the trip.
- C. Keep a diary for yourself, recording your thoughts and feelings as the trip progresses.
- D. Analyze the possible routes to your destination and figure out the shortest distance.
- E. Gather tapes and CDs to provide the music on the trip.
- F. Write a story about the trip.
- G. Map the group's journey as you go.
- H. Take photographs of the trip.
- I. Search for meaningful places to stop and explore.

Q2: If you had one free afternoon and had to choose one of the following activities, which would you be most likely to do?



- A. Get together with a group of friends.
- B. Play a sport or go dancing.
- C. Spend time by yourself, thinking or daydreaming.
- D. Figure out a new computer program.
- E. Listen to or make music.
- F. Read a good book.
- G. Draw or design something.
- H. Explore a place you've never been before.
- I. Talk about why we are here, what happens when we die, and what the meaning of life is.

Q3: Which of the following classes would you prefer to take?



- A. Peer counseling or tutoring.
- B. Drama, dance, sports, shop, or cooking class.
- C. Psychology or comparative religion.
- D. Advanced math or science.
- E. Band or choir.
- F. Creative writing or journalism.
- G. Art or graphics.
- H. Criminal justice, photography, or environmental science.
- I. Religion, philosophy, or astrology.

Q4: Which profession most interests you?



- A. Social worker, teacher, counselor.
- B. Dancer, actor, builder, athlete, chef.
- C. Psychologist, minister, poet.
- D. Scientist, banker, computer programmer, engineer.
- E. Singer, songwriter, musician.
- F. Lawyer, journalist, writer.
- G. Cartoonist, painter, graphic artist.
- H. Criminal investigator, photojournalist, environmentalist.
- I. Philosopher, theologian, cosmologist, physicist.

The Results...



- Look at your answers to the first four questions.
- Do you have many of the same letter? Or a variety of letters?
- Let's look at the 9 different “smarts.”
- Remember...everyone possesses a bit of each smart.
- Which “smarts” ring true for you?

A: People Smart



- Has a lot of friends
- Can mediate conflict
- Likes cooperative learning
- Needs to interact with other people
- Understands the feelings of others
- Wants to organize and communicate to provide group harmony
- Recognizes stereotypes and prejudices
- Volunteers help when others need it
- Examples: Mother Teresa, Cesar Chavez, Oprah Winfrey, Bill Clinton



B: Body Smart



- Needs to constantly be moving around
- Uses body movement to learn (ie. counting on fingers)
- Often twitches, fidgets, and taps
- Likes sports and active activities
- Likes hands-on learning
- Enjoys a physical challenge
- Coordinated
- Examples: LeBron James, Bobby Flay, Jackie Chan, Mikhail Baryshnikov



C: Self Smart

- Enjoys independent learning time
- Has self-esteem and confidence
- Pursues personal interests and sets goals
- Knows strengths and weaknesses
- Is insightful and reflective
- Is strong-willed and deeply opinionated
- Is likely to take a stand
- Doesn't always fit the norm (marches to the beat of a different drum)
- Examples: Martin Luther King Jr., Sigmund Freud, Plato, Bill Gates



D: Logical-Math Smart



- Can compute numbers mentally
- Enjoys computer games and puzzles
- Organizes thoughts
- Believes that almost everything has a rational explanation
- Has a systematic approach to problem solving
- Sees patterns in relationships
- Likes to make lists
- Likes to win
- Examples: Albert Einstein, Bill Gates, John Dewey



E: Music Smart



- Enjoys listening to and playing music
- Likes to collect music (CDs, albums, etc.)
- Often taps and hums
- Notices background and environmental sounds
- Remembers melodies
- Makes up own songs
- Keeps the beat of music
- Examples: Mozart, Beyonce, Barry White, Jimi Hendrix



F: Word Smart



- Spells easily
- Enjoys word games
- Has a good memory for names, dates, places, and trivia
- Is a good storyteller
- Understands jokes & riddles
- Can use descriptive language
- Enjoys sound and rhythms of language
- Enjoys drama
- Examples: Sandra Cisneros, Maya Angelou, Abraham Lincoln, Tupac, Eminem



G: Picture Smart



- Easily reads maps, charts, and diagrams
- Likes to draw, build, design, and create
- Loves videos and photos
- Enjoys color and design
- Likes to doodle
- Can do jigsaw puzzles and mazes
- Daydreams
- Sees pictures, not words
- Examples: Vincent van Gogh, Frank Lloyd Wright, Alfred Hitchcock, Picasso, Banksy



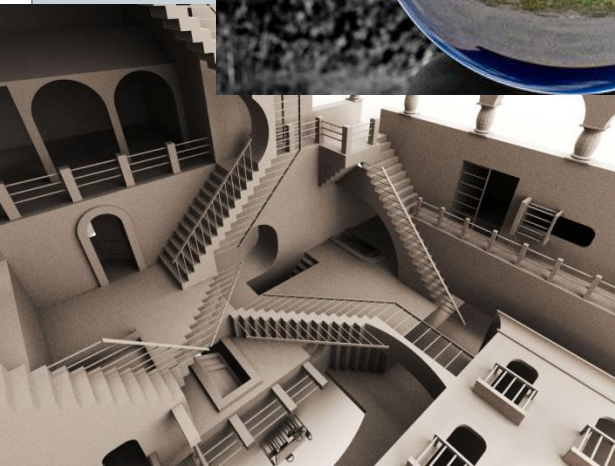
H: Naturalist Smart



- Is “street smart”
- Observes how “systems” work
- Wants to figure out how things work
- Likes to investigate and explore
- Can manipulate situations and people
- Can survive new and strange situations
- Likes to ask questions and gather information
- Examples: Charles Darwin, Jane Goodall, Johnny Appleseed



I: Existential Smart



- Can see the big picture
- Uses collective values and intuition to understand others and the world around them
- Able to look beyond the senses to explain phenomena
- Strong interest in society and those around them
- Interested in questions about life, death, and beyond
- Likes to be outside
- Examples: Socrates, Buddha, Jesus Christ, Confucius

What's the Point??



- YOU ARE SMART!!! 😊
- Find ways to use your strengths and strengthen your weaknesses.
- Recognize that no two people learn the same way and that no one intelligence is “better” or “worse” than another.
- Interested in learning more about the multiple intelligences?
Want to take a survey to find out more about your “smarts”? Visit the following website for more information:
<http://literacyworks.org/mi/assessment/findyourstrengths.html>